

ARMY WEST POINT™

WOMEN'S RUGBY CAMP

The West Point Women's Rugby Camp is an excellent opportunity for players of all skills to work with some of the best coaches in the country. Many have played or coached at the international level and have world cup experience. The camps are open to all girls of all experience levels. The historical and beautiful back drop of west point will provide a unique experience for all campers. Other topics covered with be nutrition, film sessions, strength and conditioning. The goal of the coaches is that all the campers leave as better and more passionate rugby players, having fun while making new friends.