



ARMY VOLLEYBALL CAMPS

Volleyball Camp Director: Stafford Barzey

We'd like to take the opportunity to thank you for choosing to attend Army West Point Volleyball Camps this year! We are so happy to have you! Our camps are offered to both overnight and day campers.

Our Individual Skills Camps focus on fundamental skill training. Passing, serving, attacking, setting, blocking and digging are covered in detail. Our Position Camp is an intermediate to advanced camp that separates the positions into separate camps for more intensive technique training within those camps. It's a great fit between our Individual Skills Camp and our Elite Camps! Our Elite Camp is a specialized advanced camp that is primarily position focused. Advanced skills are covered for each position and skills are reinforced through repetition and the integration of the skills in a team environment. Athletes may register for one, two or all three of our camps!

There is tournament play in the evenings as well during the last session of all our camps. Parents are welcome to come and watch their athletes play in these tournaments. The camp schedule will be given to parents during camp check-in.

We look forward to helping you become a better volleyball player. Be prepared for days packed with both volleyball instruction and play, as well as the opportunity to make new friends. We hope you enjoy your time with us!

Thank you again for choosing Army Volleyball Camps!

A handwritten signature in black ink, appearing to read "Stafford Barzey".



ARMY VOLLEYBALL CAMP INFORMATION

Dates

July 12-15, 2020	Co-Ed Individual Skills Camp (All boys and girls ages 9-18)
July 16-19, 2020	Co-Ed Position Camp (All boys and girls, rising 7 th through 12 th Grade)
July 20-23, 2020	Co-Ed Elite Camp (All boys and girls, rising 10 th through 12 th Grade)

Check-in

Sherman and Lee Barracks**

July 12, 2020 (Individual Skills Camp)	Sunday at 1:00pm-3:00pm
July 16, 2020 (Position Camp)	Thursday at 1:00pm-3:00pm
July 20, 2020 (Elite Camp)	Monday at 1:00pm-3:00pm

****COMMUTERS (DAY CAMPERS) FOR OUR OVERNIGHT CAMPS MUST CHECK IN ON THE FIRST DAY OF CAMP AT REGISTRATION.**

*****For campers staying attending multiple volleyball camps, there is an option during your online registration for staying over between camps for an additional \$85 fee per night to cover additional meals and lodging.**

Check-out

Gillis Field House

July 15, 2020 (Individual Skills Camp)	Wednesday at 12:00 noon
July 19, 2020 (Position Camp)	Sunday at 12:00 noon
July 23, 2020 (Elite Camp)	Thursday at 12:00 noon

Contact Information

Stafford Barzey, Volleyball Camp Director
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Entrance

- All visitors 16 and over must present a valid ID to enter West Point.
- Please anticipate and plan accordingly for all luggage to be inspected prior to admittance on to West Point.
- All camp visitors and residents are to enter through Stony Lonesome Gate and proceed to the parking lots as directed. **GPS Address to Stony Lonesome Gate: 1 Stony Lonesome Road, West Point, NY 10996**
- Signs will be posted.



ARMY VOLLEYBALL CAMP INFORMATION

Check In

Check-in for both our Individual Skills and Elite Camps will take place at Sherman and Lee Barracks. Buses will shuttle campers and parents to the registration area from the parking lot.

Check Out

Check-out for all camps will take place at Gillis Fieldhouse

Directions to Gillis Fieldhouse (from Stony Lonesome Gate):

1. Once you clear security, drive straight down the hill (Stony Lonesome Rd)
2. When you get to the bottom of the hill, you can only turn left or right . . . turn right onto Washington Rd.
3. Continue on Washington Rd until you see the first stop sign. Turn left onto Ruger Rd
4. At the first fork (blinking light), stay to the right
5. Take your next right onto Tower Road
6. Gillis FH is approximately 200 yards down on your right

Volleyball Facilities

Campers will be training at the Gillis Field House.

Dormitory/Barracks

All overnight campers are housed and supervised in dormitory rooms operated by the United States Military Academy. The maximum number of campers in a room is 4. No exceptions. The assigned rooms have a combination of beds and cots, which are taken on a "first-come, first-served" basis.

Rules and Regulations

All campers are required to comply with the Army Summer Camp guidelines which are established to ensure personal safety, hygiene and property damage prevention. Rules and expectations are discussed during the start of each session and are posted inside the dormitory.

Any camper found to be disruptive and unwilling to follow behavior guidelines will be sent home without a refund.

ARMY VOLLEYBALL CAMPER RULES

- Players must be escorted to and from activities by coaches.
- Please walk on the sidewalks, not on the grass.
- Windows are only to be opened from the top down. Nothing is allowed to hang outside the room windows.



ARMY VOLLEYBALL CAMP INFORMATION

- Report all injuries to a coach as soon as they occur. There is a trainer on staff and complete medical facilities are available to handle any emergency.
- No one is allowed to leave the campgrounds without the permission of the director.
- Everyone will enter and leave the dining area at the same time.
- Everyone will be in his/her room by 9:45 pm. Showers should be taken before then.
- Cars will not be used during camp. If you have a car at camp, you must give your keys to the camp director.
- Please keep your room neat and clean. Trash cans should be placed outside rooms in the hallway for pick up.
- Meet in the assigned area by the barracks 10 minutes prior to each camp session.
- **No male campers are allowed on female floors in the barracks and no female campers on male floors unless accompanied by a counselor on official business (example: Trainer). Stairwells below first floor and above the fifth floor are off limits. NO ONE IS ALLOWED ON THE ROOF. Any violations of these rules, as well as breaking curfew rules will result in immediate dismissal without refund.**
- Rolling chairs are not to be used! Keep them stored in closets!
- Cadet Basic Training and cadets have the right of way. Let them pass at all times and never interfere with their training.
- No kids under 12 on the top bunks.
- Keep beds tied up. No clothing or baggage in bed compartment or closet.

Cancellations

All refunds must be approved by the Camp Director. Refunds are processed on a case by case basis and you will be notified once a final decision has been made regarding any refund.

Camper Dining

Campers will dine at Eisenhower Hall, a very visible and prominent location on campus. The first meal served to your camper will be dinner on the first day of camp. Campers will be served breakfast, lunch and dinner daily. On the last day of camp, your camper's last meal served will be breakfast.



ARMY VOLLEYBALL CAMP INFORMATION

Campers will be well-fed at camp. If you choose to send snacks with them, we ask that these snacks be limited in quantity and be healthy in nature as past experiences have shown us young campers tend to overindulge. This results in stomach-aches and 'sugar highs' that are unpleasant for all involved. Please be mindful.

Campers will also have the opportunity to purchase snack items.

Camper Housing

All overnight campers will be housed and supervised in dormitory rooms operated by the United States Military Academy.

We ask that campers do not bring valuables. The United States Military Academy and Army Athletic Association are not responsible for lost or stolen items.

Day Campers (Commuters)

For our Day Campers that are participating during our overnight camps, please check-in with the rest of the campers during registration between 2pm-3pm. There will be a camp meeting for the campers at 4pm after registration, dinner, and then our first session will be at 6pm at Gillis Fieldhouse. Please pick up your camper at 8:15pm at Gillis Fieldhouse. In the mornings, please bring your camper to Gillis Field House at 8:45am. If for some reason you cannot make it at that time, please let us know ahead of time.



ARMY VOLLEYBALL CAMP INFORMATION

Camp Packing List

What to Bring

- Electric Fan (no a/c in the dorms)
- Bedding (sleeping bag or sheets/blankets)
- Pillow
- Clock
- Toiletries (shampoo, soap, toothpaste, etc.)
- Shower Shoes (flip flops, etc.)
- Towels for shower
- Volleyball Shoes for playing/Sneakers for walking around/Knee Pads
- Shorts, Spandex, T-Shirts for the week
- Small Backpack or gym bag to carry extra t-shirts, sneakers, etc.
- Bathing suits (if preferred, some of the showers in the dorms are group showers)
- Sun Screen
- Bug Spray
- Non-perishable snacks may be brought in re-sealable containers
- *Bottled Water

Parents: When packing snacks for your children to consume in the barracks at camp, please be sensitive to other campers that may have peanut allergies. To ensure the health and safety of all campers, we request that you avoid sending peanut products with your child.

*Note: A water bottle will be provided for each camper and water is available in the gym during each training session as well as during every meal.

What NOT to Bring

- Tobacco products, alcohol, illegal drugs or weapons of any kind
- Inappropriate or offensive clothing
- Mini refrigerators, microwaves, toasters, etc.
- Large coolers
- Unsealed snacks/food
- Valuables, electronics (doors remain unlocked at all times)



ARMY VOLLEYBALL CAMP INFORMATION

The United States Military Academy and Army Athletic Association are not responsible for lost or stolen items. All items (including valuables, money, etc.) are brought at the risk of each camper and are not the responsibility of USMA, the Army Athletic Association, coaches and staff.

Please keep in mind that elevators are NOT available (even to the top floor) for carrying bags, personal items, etc.

The Gift Shop typically sets up a table at check-in and check-out to sell t-shirts, hats and other assorted items if you would like to buy Army West Point apparel.