

ARMY WEST POINT™

MEN'S RUGBY

ARMY MEN'S RUGBY PERFORMANCE DEVELOPMENT CAMP AGE 10-14

July 20-22, 2020

Description:

OUR PERFORMANCE DEVELOPMENT CAMP IS OPEN TO ALL BOYS AGES 10-14 OF ALL EXPERIENCE LEVELS, WITH BOTH COMMUTER AND OVERNIGHT OPTIONS AVAILABLE. THE CAMP IS DESIGNED TO ACCOMMODATE BOTH THE BEGINNING RUGBY PLAYER LOOKING TO LEARN THE GAME, AS WELL AS THE ADVANCED PLAYER LOOKING TO REFINE, POLISH AND ADVANCE THEIR SKILLS. CAMP PARTICIPANTS WILL BE BROKEN INTO TRAINING GROUPS BASED ON THEIR AGE, EXPERIENCE, AND ABILITY LEVELS TO PROVIDE EACH CAMPER WITH THE APPROPRIATE COMPETITION LEVEL. CAMPS ARE STRUCTURED TO TEACH AND IMPROVE CAMPERS TECHNICAL SKILLS AND TACTICAL KNOWLEDGE. ADDITIONALLY, CAMPERS ARE AFFORDED THE OPPORTUNITY TO SHOWCASE THEIR ABILITY AND IMPROVEMENT, THROUGH DAILY GAMES AND COMPETITIONS, CULMINATING IN OUR CAMP FINALE CHAMPIONSHIP TOURNAMENT.