

ARMY WEST POINT™

WRESTLING

ARMY BOY'S WRESTLING COMPETITION CAMP

August 3 – August 7, 2020

Description: The Army Wrestling Competition Camp is an outstanding camp designed to increase wrestling knowledge and help every wrestler, regardless of experience, to better understand the sport of wrestling. You are more than welcome to come as a team, or you may come individually and we will place you on a team during the first day of camp. Each camper will learn world class techniques (simplified and advanced) and better understand how to effectively win wrestling matches. Through a combination of intense drill sessions, technique and tactical breakout sessions and live wrestling each camper will learn more about themselves than any other wrestling camp in the country. You will build the fundamental skills necessary to achieve high-level success.