

TYPICAL DAY

8:30 a.m. Stretch
 8:45 a.m. Ballhandling
 9:15 a.m. Team Shooting
 10:00 a.m. Stations
 (Skill work on offensive and defensive concepts)
 11:00 a.m. Morning Games
 12:00 noon..... Lunch
 12:35 p.m. Guest Lecture
 1:30 p.m. RISING STAR SHOOTING contest
 1:45 p.m. Team Drills
 2:30 p.m. Afternoon Games
 3:30 p.m. Dismissal

** Individual help with a coach available before and after camp.*

Feedback from Past Campers...

"The confidence and energy level my son gained in such a short time at RISING STAR is remarkable. Your program really builds this and his play has really picked up."

"This is the best kept secret in Boston. What a week of teaching! My son owes a great deal to RISING STAR."

"By the end of the week I was exhausted, but it was worth it. I have a better understanding of how to work on my game."

"My son said he learned more in one day at RISING STAR than in all of his years of instruction."

"In this camp you are always active. They really make you work, which is what I like."

"This is the camp to go to if you want to learn how to improve. It has made a big difference in my game."

"Any high school coach would be wise to send players from all levels of his program to RISING STAR. I can't say enough about the instruction."

PROGRESSIONS FALL INDIVIDUAL IMPROVEMENT PROGRAMS

at sites around Greater Boston
 5 Week Clinic prior to start of season
 and

THANKSGIVING CLINICS
 at Waltham High School and in Norwood
 3 days of Skillwork before tryouts!



BECOME A RISING STAR THIS SUMMER

Visit us on the WEB at www.risingstarbasketballschooll.com

WALTHAM I JUNE 29-JULY 2
 WALTHAM II JULY 13-16
 MELROSE JULY 20-23
 N. ATTLEBORO AUG 3-6
 Day Camp • Ages 9-18



RISING STAR BASKETBALL SCHOOL
 2 Clocktower Place # 233
 Nashua, NH 03060



2020 BASKETBALL SCHOOL
www.risingstarbasketballschooll.com



... we teach!

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WHY OUR BASKETBALL SCHOOL?

The **RIISING STAR Basketball School** was founded with the desire to create an atmosphere to teach the game properly. Unlike many camps that emphasize “just playing” or “casual instruction”, **RIISING STAR** continually seeks to improve the ability level of our players by providing them with a superb coaching staff who oversee thorough teaching and proper repetitions. The atmosphere at our camp encourages players to improve their work ethic and skills while always fostering the importance of sportsmanship and team play.

The **deterioration of skill development** in the in the United States has been attributed to the lack of fundamentals. Players are not being taught properly, if at all. Across the country shooting, ballhandling, passing and overall team concepts have suffered over the last several years.

RIISING STAR values improving these very necessary skills that every aspiring player must have, regardless of level.

Teaching that reflects mastering of the fundamentals!

- Fast paced drills that reflect what you would see in a game
- 2 games per day and 8 for the week
- 3 on 3 games with your team everyday

Fundamentals...Skillwork...Confidence...Improvement

STAFF

The Rising Star Basketball School is directed by Kevin O'Brien. He brings a wealth of experience in coaching at the college level and has operated Rising Star for over 20 years.

The staff is recruited based on their ability to teach the game of basketball in an enthusiastic and professional manner. The theme of the camp is to create an atmosphere in which learning and hard work goes hand-in-hand. This is when improvement occurs.

Assistant Directors:

Waltham: Dennis Doherty, Head Coach Wayland

Reggie Hobbs, Head Coach Lexington

Mike Wilder, Head Coach Waltham

Melrose: Dan Burns, Head Coach Melrose

Reggie Hobbs, Head Coach Lexington

North Attleboro: Sean Mulkerrins, Head Coach North Attleboro High

Our staff consists of college and high school coaches as well as college players. Many of our staff return each year.

MISSION STATEMENT

RIISING STAR is committed to providing the finest teaching and learning environment possible for youngsters to learn about the game of basketball. **RIISING STAR** will make every effort to improve the individual skill level of each player and provide high quality instruction. We will strive to create a positive atmosphere that teaches the values of learning, competition and personal growth. **RIISING STAR** will fully appreciate each and every camper in their development as basketball players and people.

FIRST AID

All routine injuries will be handled on site by qualified staff. Should an injury require further attention and/or emergency treatment we will transport the camper to a local hospital. Parents will be notified immediately should this occur.

★ **TEAM RATE FOR 7 OR MORE–All Levels** ★

Come with your team of 7 or more and we will keep you together all week in our games and competitive drills. You will play 8 games together, 3 on 3 team competition and all our drills. Team discounts of \$45.00 per player available for all levels — *Varsity, JV, Freshman, Middle School, AAU or travel team!!*

COST

The non-refundable price of the camp for each session is \$290. This includes tuition and a *Rising Star Tee-Shirt*. The full and non-refundable payment to **Rising Star Basketball School** is due with this application. Refunds for injury that occur prior to the first day of camp will be issued if documented by a doctor's note. **Camp must be emailed notice of injury prior to first day of camp.** There is a \$15 administrative handling fee for refunds.

Payment Plan available upon request.

Bus Service available from **Triton Regional** for \$65.00 as well as other locations. Prices may vary. Contact us for bus service locations and prices.

A minimum of 20 campers needed. Include separate check with application or at later date.

You can register online as well www.risingstarbasketballschooll.com

LOCATIONS

Waltham High School – 617 Lexington Street

Melrose High – 360 Lynn Fells Parkway

North Attleboro High – 1 Wilson West Whitty Way

We will be utilizing other gyms near these locations when in session.

We may transport campers to these locations.

Directions available upon request.

LUNCH AND DRINKS

RIISING STAR offers a refreshment stand for your convenience. Lunch items, snacks and drinks will be sold following our morning activities. Campers are also welcome to bring their own lunches and drinks.

BYOWB “Bring your own water bottle.” We will have water in jugs and fountains.

ARRIVAL AND DEPARTURE

Registration will be on Monday starting at 7:15 a.m. in area near the gyms. Camp hours are from 8:30 a.m. until 3:30 p.m. Any camper who needs to be dismissed should provide a letter from a Parent/Guardian stating the time/date and return time (if any). This should be presented to the coach at the start of camp.

AN AWARDS CEREMONY WILL BEGIN AT 2:30 P.M. on the last day of the session. Family and friends are welcome to attend throughout the week including the awards ceremony.

QUESTIONS

Direct your questions to Kevin O'Brien at (617) 999-0324.

CAMP FEATURES

- Focused teaching and coaching by extraordinary staff
- Game like drills to improve your abilities
- Strong emphasis on your improvement “*This is our passion!*”
- Our ballhandling, shooting, and stations have been highly praised
- Extra help workouts “*Hard work breeds confidence and success*”
- 2 fullcourt games a day, competitive 3 on 3 everyday, 1 on 1 moves
- **Teams based on grade**
- **Free TEE SHIRT!**
- Discounts to off season programs. *We want to work with you as much as possible!*

The **RIISING STAR Basketball School** is owned and operated by Boston Sports Academy, Inc. This camp must comply with regulations of the Massachusetts Department of Public Health and be licensed by the local board of health.

2020 RISING STAR BASKETBALL SCHOOL, INC.

APPLICATION

4 DAY CAMPS

<input type="checkbox"/> WALTHAM I	JUNE 29-JULY 2	\$290	8:30am - 3:30pm
<input type="checkbox"/> WALTHAM II	JULY 13-16	\$290	8:30am - 3:30pm
<input type="checkbox"/> MELROSE	JULY 20-23	\$290	8:30am - 3:30pm
<input type="checkbox"/> N. ATTLEBORO	AUG 3-6	\$290	8:30am - 3:30pm
<input type="checkbox"/> ANY (2) SESSIONS	\$495 (AN \$85 SAVINGS)		
<input type="checkbox"/> ANY (3) SESSIONS	\$710 (A \$160 SAVINGS)		

Did you remember?

☐ Payment ☐ Immunization Record ☐ Physical ☐ Bus Transportation

☐ **TEAM RATE: \$245 each for 7 or more (A \$45 SAVINGS)**

(please attach on separate sheet names and grades of other 6 teammates)

Name of Team _____

www.risingstarbasketballschooll.com

Name _____

Address _____

City _____ State _____

Zip _____ Phone _____

Parent's E-mail _____

Camper's E-mail _____

please print clearly

Date of Birth _____ Ht. _____ Wt. _____

As of September, 2020, I will be attending:

School _____

Grade _____ Coach _____

Team _____ Level _____

Position: _____ Will you be a starter? _____

T-Shirt Size: (Men's) S M L XL

Would you like info on our Sweet Swing Baseball clinics?

www.sweetswingbaseball.net ☐ Yes ☐ No

In case of medical emergency, I understand every attempt will be made to contact parents guardian assumes all risk of loss of property or injury to the person, including injuries resulting by the **RIISING STAR Basketball School**, to hospitalize and secure medical treatment for my child.

The person enrolling at **RIISING STAR Basketball School**, parent or parents or legal guardian assumes all risk of loss of property or injury to the person, including injuries resulting in death caused by or incidental to dangers associated with basketball activities and agree that there are certain inherent dangers related to basketball participation and therefore, agrees to hold Boston Sports Academy dba **RIISING STAR Basketball School**, its owners and employees harmless and specifically agree not to make any claim against **RIISING STAR Basketball School** for any of these injuries which would normally be considered to be a normal risk associated with participation in basketball activity.

I give permission for this camp to transport my child to gyms used by the camp.

Signature _____ Date _____

Health Insurance Co. _____

Address _____

Policy Number _____

In case of emergency call: (different # from above) _____

*A medical record of the camper must accompany this application, including, but not limited to all precautions the camp directors should be aware of, such as allergies, diabetes, recent illnesses, etc.

Send applications to:

Kevin O'Brien
2 Clocktower Place #233
Nashua, NH 03060

A full and non-refundable payment payable to **RIISING STAR Basketball School**, is due with this application. \$15 administrative handling fee for refunds. \$30 handling fee for returned checks.